

OUR LADY & ST PATRICK'S CATHOLIC NURSERY AND PRIMARY SCHOOL



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Living, Loving and Learning in God's Way



Newsletter: 17th November 2023

Executive Head Teacher: Mrs Cathy Blatchford

HEAD TEACHER UPDATE

What a busy couple of weeks we have had. Our Key Stage 2 children learnt lots of information from having a visitor from Parliament to tell them what it is all about and answer their questions. It is interesting how many wanted to know how much money a parliamentarian earns!

Anti-bullying week this week launched with odd socks day and children across the school have been practicing 'making noise' to stop bullying. All classes have revisited what bullying actually is. Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

Of course, we won't like everyone and we don't always agree, but we can choose respect and unity. Children have had discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference. Should you feel your child is being bullied in anyway, please do make sure you speak to a staff member so that we can act on it.

Finishing the week wearing pyjamas to help children and young people overcome the additional challenges they currently face, including supporting children and young people living in poverty, providing emergency support to families in crisis, providing comfort to children feeling sad, lost and alone, helping children overcome social injustice and supporting children to feel safe and secure, we are very proud of all our OLSP family.

The week after next (30th November) sees the first of our Saints days. All children in St Andrew's will be VIPs for the day and can come into school wearing blue (their team colour).

Have a lovely weekend and God bless to you all.

Mrs Cathy Blatchford
Executive Head Teacher

THE CATHOLIC LIFE OF OUR SCHOOL

Remembrance Sunday

Our Lady and St Patrick's Church was beautifully decorated for Remembrance Sunday last weekend with the Poppy pictures and decorations made by our children. These were made during our Faith Filled Fridays run by the School Chaplains every week. Children are invited to join in at lunchtime every Friday.

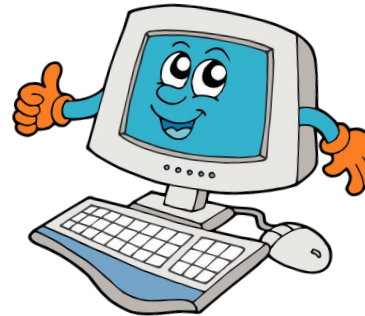


AUTUMN 2 TERM CLUBS:



After the half term holiday, the following clubs will be running.

- Multi-Sports Wednesdays 3.15pm - 4.15pm (Year 1 / 2 / 3 only)
- Spanish with Dani Wednesdays 3.15pm - 4pm
- Lego Club Thursdays 3:15 - 4:15pm (Year 1 and up. Club is currently full but please use Google form to join the waiting list)
- Archery Premier Sport Fridays 3:15 - 4:30pm



You are invited...



to Premier Education's extracurricular activities!



Here's what's on near you...

Our Lady St Patricks Roman Catholic Primary School Afterschool Club

Friday's: Archery

Cost: £0

Time: 15:15 - 16:30 Age: from 5 - 11 year olds

Dates: Friday 3rd November - Friday 15th December

To discover the activities available and to book today, visit premier-education.com

EARLY YEARS

In Geography we have been discussing Celebrations and what they are. This week we looked at our first celebration which originated from another country. Specifically, India last weekend was Diwali the 'Festival of light' The children learnt about the traditions involved, famous stories and they created rangolis and looked at traditional diyas.



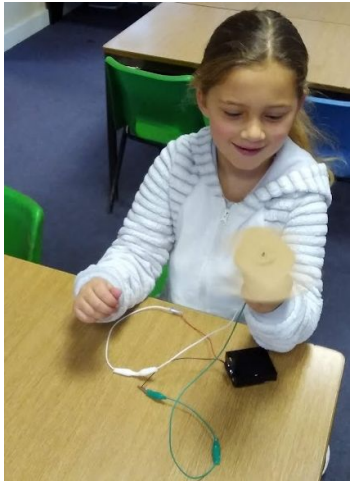
YEAR 1 & 2

The children in Mars class have started their new DT project. This week they have been investigating wheels and axles and making their own moving wheels. This is all in preparation for answering the big question, 'How can we make Santa's sleigh move along the street?' I wonder if the children can tell you why the reindeers are not pulling it?



YEAR 3

This week the children have been exploring electrical circuits in DT in preparation for making their light up christmas card. We explored what a circuit needs and how current flows through it to provide electricity to all its components.



YEAR 4

Over the term, Saturn class have been learning about the different states of matter with materials whether they are a solid, a liquid or a gas. Pupils have been learning about how different states of matter can change due to the change of temperature.

Each child was given a ice cube and had to think carefully about why the ice cube changes from a solid into a liquid.



YEAR 5

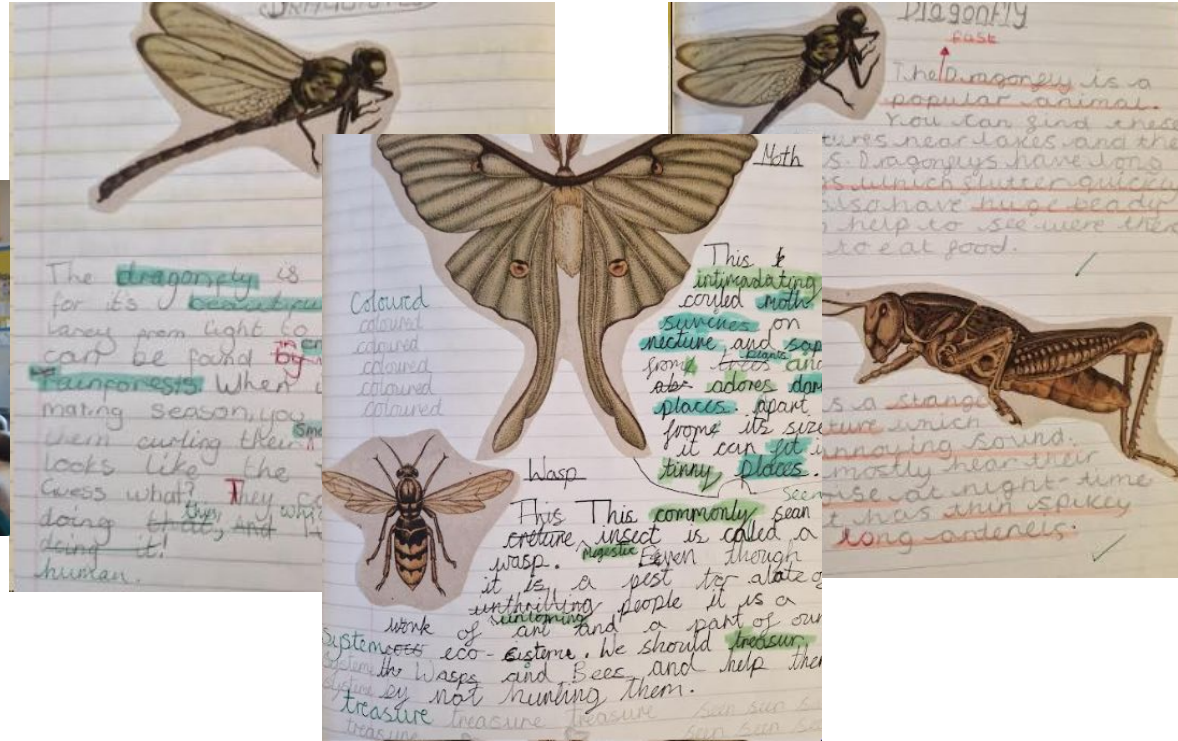
Year 5 led the Liturgy this week where we were leading prayers to be prepared and ready to help others and to be kind to others as Jesus instructs.

We have also finished our unit in maths on multiplication and division and we are moving onto fractions!



Year 6 have been writing information about different animals or made up animals of their choice. They have been working hard on making sure their sentences are detailed and selecting vocabulary which is appropriate for the reader.

YEAR 6



DISCIPLE OF THE WEEK

	6.11.23	13.11.23
	Humility	Love
Early Years	Florence	Klara
Y1 & 2	Lacie-Mae	Isabelle
Y3	Jay	Albie
Y4	Tara	Indya
Y5	Elsa	Harrison
Y6	Emma	Amelia

STAR OF THE WEEK

	6.11.23	13.11.23
Early Years	Seb	Poppy
Y1 & 2	Sarah-Anne	Tomme
Y3	Jake	Emilia
Y4	Kaya	Taylor
Y5	George	Paris
Y6	Marnie	Leo



A Message from Steph, our Attendance and Welfare Officer

School refusal

If your child has school anxiety or is refusing to go to school, it can be a worrying time for you as a parent. It's likely you will want to get them back to school as soon as possible and get back to your normal routine. The most important thing is to make sure your child feels supported so that you can build on a plan to get back to school.

It is important that you let the school know what is happening so that we can support you and your child.

If you think your child is feeling anxious about coming into school or has been refusing to come in you can speak to our Attendance Officer, Family Support Worker or class teacher.

There are also some great resources online to help you to discuss any issues with your child.

6th - 17th November

Reception	91.24%
Year 1/2	91.83%
Year 3	94.38%
Year 4	96.43%
Year 5	97.19%
Year 6	95.00%

Days off school add up to lost learning

175 NON SCHOOL DAYS A YEAR					
175 days to spend on family time, visits, holidays, shopping, household jobs and other appointments					
190 SCHOOL DAYS IN EACH YEAR	10 days absence 180 Days of Education	19 days absence 171 Days of Education	29 days absence A term missed 161 Days of Education	38 days absence 152 Days of Education	47 days absence 143 Days of Education
190 days for your child's education					
100%	95%	90%	85%	80%	75%
Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start		Less chance of success. Makes it harder to make progress		Not fair on your child. Court action!	

Well done to Year 5.

Is your child too poorly for School?

If you are unsure about your child's symptoms and whether to send them to school, the following link is very informative

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/?utm_medium=email&utm_source=govdelivery

HAVE YOU HEARD OF THE LUMINOVA APP?

FUN DIGITAL THERAPY FOR CHILDHOOD ANXIETY

Lumi Nova: Tales of Courage

A therapeutic digital intervention (game) for childhood anxiety, developed by the NHS and recommended by NICE.

Who is Lumi Nova for?

Lumi Nova is for 7-12 year olds facing difficulties with anxiety, including:

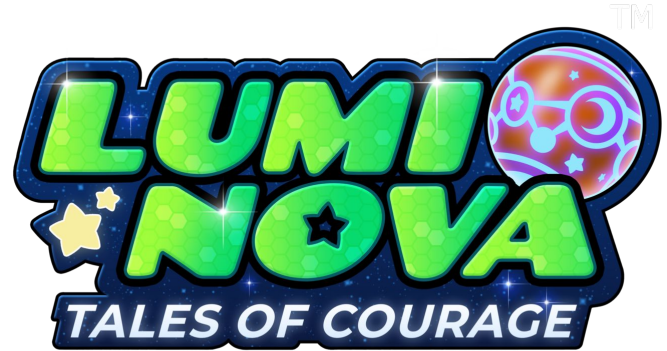
Phobias e.g. Being afraid of spiders or insects, heights, being near dogs, or the dark.

Social anxiety e.g. Feeling worried about making new friends, going to social events.

Separation anxiety e.g. Unable to sleep alone, worried about being away from parents, going to school.

Lumi Nova includes two of the most effective parts of Cognitive Behavioural Therapy (CBT) that are proven to help treat fears, worries and anxiety. These two parts are psychoeducation - learning about worry, and exposure therapy - facing your fears.

You start by setting some goals for your child to work towards, and then they take on small steps, breaking down their worries and learning that they can face their fears and build their confidence.



Diary Dates



19th November	Road Safety Week	19th February 2024	INSET Day (Non-Pupil)
20th November	European week for waste reduction World children's day	2nd February 2024	3pm Friends Cake Sale
24th November	Mufti Day in return for Raffle prizes/bottles/Tombola	1st March 2024	3pm Friends Cake Sale
26th November	Feast of Christ the King	7th March 2024	Year 4 attending Mass at Shaldon Church
29th November	No Pens Day Speech and Language UK Children to bring in £1 to raise money for Speech and Language UK	15th March 2024	10am Mass for St Patrick in School
30th November	St Andrew's Day	28th March 2024	Last day of Spring Term
3rd December	First Sunday of Advent	15th April 2024	Summer Term Starts
7th December	Christmas Jumper Day. Donation for Save the Children Year 6 attending Mass at Shaldon Church	29th April to 3rd May 2024	Y6 Residential
10th December	Second Sunday of Advent	6th May 2024	May Day bank holiday
13th December	Christmas Dinner Day for the Children (Wear Christmas Jumpers) 5pm - 6pm KS2 Carol Service at the Church	7th May 2024	10am Mass for Pentecost in School
15th December	Last day of Autumn Term	9th May 2024	Year 3 attending Mass at Shaldon Church
17th December	Third Sunday of Advent	WB 13th May	SATS week for Year 6
3rd January 2024	Spring Term Starts	27th May 2024	Half Term Holiday
6th January 2024	Feast of the Epiphany	3rd June 2024	INSET Day (Non-Pupil)
18th January 2024	Year 6 KS2 Explore the Orchestra Concert - Exeter 2024	4th July 2024	Year 1/2 attending Mass at Shaldon Church
25th January 2024	Year 5 attending Mass at Shaldon Church	5th July 2024	2pm - 3pm Whole School Music Celebration (more info to follow nearer the date)
12th February 2024	Half Term Holiday	24th July 2024	9am End of Year Mass in School
		25th July 2024	Last day of Summer Term



We invite all parents and children to the KS2 Carol Service

At Our Lady and Saint Patrick Church, Teignmouth
On Wednesday 13th December 5-6pm



Children will need to be at the church by 4.45pm at the latest. Children and families can wear festive attire. The most festive outfit will win a prize! (Adult and Child categories!). To make sure we have enough Christmas spirit, all attendees must be accompanied by an adult. Early Years and KS1 children are welcome to join us, but will need to sit with their parent/carers.

Friends News!

Events for your diary:

Winter Wonderland - TICKETS NOW ON SALE

2-5pm Saturday 25th November

A brilliant afternoon of festive fun and games, stalls, face painting, our school choir, and a visit from Santa. Please get your tickets online ASAP!

Gift Shop on 5th December (open now)

Christmas Craft Day in school (a fun, free event for the children)

Wreath Making - 8th December - See the poster opposite!

For tickets and events go to:

<https://www.pta-events.co.uk/friendsofolsp/index.cfm>

If you would like to know more about the friends or would like to help out at any of our events, please get in contact via our Facebook page or email us at friends@olsp.uk



RECYCLED CHRISTMAS DECORATIONS COMPETITION

OLSP pupils have been invited to create a Christmas decoration entirely from recycled materials.

This could be a bauble, a garland or a snowman made entirely from milk bottles.

Show off your Christmas creativity by creating one at home to bring in.



Submissions to be made to Mr Stamp for w/c 27th November



You could win:

- £500 for our school
- Decoration will be displayed in the office on the lead up to Christmas

We have been asked to share the following information with you by the Devon Information Advice and Support Service. Sent out on behalf of Sarah Smith DiAS Information and Training Officer. Any queries to: sarah.e.smith@devon.gov.uk or telephone 01392 384869 (If no reply please leave a message)

DiAS free online training sessions for parent carers

DiAS has three sessions available this term – each one lasts an hour, plus 30 minutes afterwards for questions and discussion. All are via Teams online.

Listening to your child's views

10 – 11.30am, Tuesday 21st November 2023

How to gather and share your child's views with professionals

Find out more and book your place here: <https://buytickets.at/diasdevoninformationadviceandsupport/1028158>

Demystifying SEND

10 – 11.30am, Tuesday 28 November 2023

How to find information and support, SEN support in schools and the graduated response.

Find out more and book your place here:

<https://www.tickettailor.com/events/diasdevoninformationadviceandsupport/1047040>

Education Health and Care (EHC) plan reviews

1pm – 2.30pm, Monday 4 December 2023

The EHC plan review process and meeting and your role in it. This training is for parent carers whose child already has an EHC plan.

Find out more and book your place here: <https://buytickets.at/diasdevoninformationadviceandsupport/1051473>

Visit our Website: www.devonias.org.uk for a wide range of useful information





the
national
sleep
helpline

**Does your child
suffer with
sleep issues?**

**Do you struggle
with your child's
bedtime?**

**Will your child
not sleep in
their own bed?**

WE CAN HELP

 **03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

the
national **sleep**
helpline

50%

**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

POWERED BY
the **sleep**
charity

IN PARTNERSHIP WITH
**Furniture
Village**

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*Survey of 2,000 adults by OnePoll, Aug 2021

CHRISTMAS
HOLIDAYS



PREMIER HOLIDAY CAMPS



INSPIRING
ACTIVITY



SCAN HERE FOR
MORE INFORMATION

or visit premier-education.com/holiday-camps



Based on over 19,000 reviews

YOUR NEAREST HOLIDAY CAMP...

Venue: Our Lady and St Patrick's Primary School TQ14 9DT

Dates: 18th December - 22nd December

Times: 09:00am - 15:30pm

Ages: 5 Years - 12 Years

Additional info: www.premier-education.com/parent

PLEASE BRING

Plenty of water
Suitable clothing
Loads of energy!

With great value sports, performing arts, and games to enjoy each half term, we have plenty for your children to get stuck into in the school break.

Over the winter break, there will be lots of festive fun to enjoy too.

Our Holiday Camps keep children entertained, safe & on the move during the school holidays.

Book now for a school holiday full of fun!



SCAN HERE FOR
MORE INFORMATION

or visit premier-education.com/holiday-camps



Based on over 19,000 reviews

School Website Free App

Parents and Carers have access to a free app, linking you to our School Website. If you download the app, you will receive a notification every time information is added or updated on our website. This is a very useful tool that we are hoping as many Parents and Carers will make use of as possible. Please use the qr code below to access the download. Or search for “eSchools Lite” in the **App Store (Apple)** or **Google Play (Android)**



Are you missing out?

More money for your school!



Nutritious meal every day!



Access to free holiday clubs!



More teachers, trips, and activities!



Check your eligibility today for Free School Meals

https://oneonline.devon.gov.uk/CCSCitizenPortal_LIVE

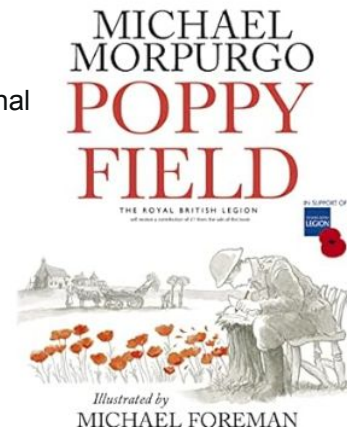
Both titles are available in our School Library!

THIS NEWSLETTER WE RECOMMEND

Poppy Field by Michael Morpurgo

A new illustrated story celebrating the poppy's history. **Michael Morpurgo** and **Michael Foreman** have teamed up with the **Royal British Legion** to tell an original story that explains the meaning behind **the poppy**.

In Flanders' fields, young Martens knows his family's story, for it is as precious as the faded poem hanging in their home. From a poor girl comforting a grieving soldier, to an unexpected meeting of strangers, to a father's tragic death many decades after treaties were signed, war has shaped Martens's family in profound ways - it is their history as much as any nation's. They remember, They grieve, They honour the past. *This book also includes a full-colour, illustrated afterword that explains the history that inspired the story.*



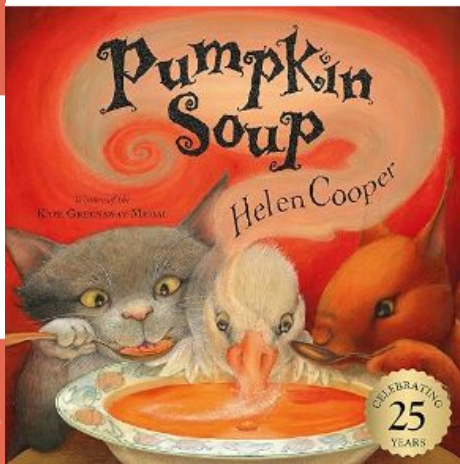
"So please, oh please, we beg, we pray, go throw your TV set away, and in its place you can install a lovely bookshelf on the wall." - Roald Dahl

Libraries Unlimited

TEIGN BOOK LOVERS
BOOK CHAT
Teignmouth Library

Wednesdays
14.00-15.30,
Every 3 Weeks

Upcoming dates
4th October
25th October
15th November
6th December



Pumpkin Soup by Helen Cooper

What's cooking in the old white cabin? Pumpkin soup, the best you ever tasted! Cat, Squirrel and Duck are three friends who make pumpkin soup together every day. They always do it the same way, until little Duck thinks he's got a better idea...

'Both a musical comedy and a visual feast... The trio are outrageously attractive characters' THE TIMES EDUCATIONAL SUPPLEMENT. 'A highly inventive, witty slant on...friendship and sharing which children of ages three and up will adore' THE BOOKSELLER. Winner of the Kate Greenaway Medal and shortlisted for the Kurt Maschler Award

Join us to chat about books! Meet other book lovers and get recommendations. Fiction & non-fiction readers welcome.





SAFEGUARDING

Safeguarding at OLSP is always a priority. Should you have any enquiries or concerns, please contact our Designated Senior Lead for Child Protection: Miss Wathen, or Deputies: Mrs Blatchford or Mrs Emmerton on 01626 773905 Our named governor for child protection is Mrs Lorraine Coulter

WELFARE

Our Family Support Worker is Rachel Ripley. Please let us know if you would like her to contact you for ANY support. Everyone needs a Rachel in their lives!

ATTENDANCE

Hi, my name is Steph, I'm the new Attendance and Welfare Officer here at OLSP. I will be monitoring attendance regularly to ensure that, where possible, every child is in school on time every day. If you have any concerns around your child's attendance, please leave a message with the office and I will contact you.



CPOMS and Operation encompass

At OLSP we use CPOMs as our system for recording information that we consider to be safeguarding information. As a parent you are entitled to see this information and may request to do so.

Further information about the programme can be found [here](#) -

<https://www.cpoms.co.uk/privacy-statement/>

Operation Encompass is the reporting to schools, prior to the start of the next school day, when a child or young person has exposed to, or involved in, any domestic incident.

Operation Encompass will ensure that a member of the school staff, known as a Key Adult, is trained to allow them to liaise with the police and to use the information that has been shared, in confidence, while ensuring that the school is able to make provision for possible difficulties experienced by children, or their families, who have been involved in, or exposed to, a domestic abuse incident.