

Programme Pathway #3

1-year cycle over 3 terms

YEAR 1 & 2**Ten:Ten**
Resources

Term	Module and Unit	Session Title	Session Length (approx.)
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Handmade With Love (Kester's Adventures)	5 x 10-minute sessions over 5 days
	KS1, Module 1, Unit 2	Session 1: I Am Unique (Me)	30 minutes
		Session 2: Girls and Boys (My Body)	30-40 minutes
		Session 3: Clean and Healthy (My Health)	40 minutes
Spring I	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes	40 minutes
		Session 2: Feeling Inside Out	30 minutes
		Session 3: Super Susie Gets Angry	40 minutes
	KS1 Module 1 Unit 4	Session 1: The Cycle of Life	30 minutes
Spring II	KS1, Module 2, Unit 1	Session 1: God Loves You	40 minutes
	KS1, Module 2, Unit 2	Session 1: Special People	30 minutes
		Session 2: Treat Others Well...	35 minutes
		Session 3: ...And Say Sorry	30 minutes
Summer I	KS1, Module 2, Unit 3	Session 1: Being Safe	35 minutes
		Session 2: Good Secrets and Bad Secrets	35 minutes
		Session 3: Physical Contact	45 minutes (or 2 x 25 minutes)
Summer II	KS1, Module 3, Unit 1	Session 1: Trinity House	25 minutes
		Session 2: Who is My Neighbour?	30 minutes
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In	35 minutes

Programme Pathways
2-year cycle over 3 terms
YEAR 3 & 4



Term	Module and Unit	Session Title	Session Length (approx.)
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: Designed for a Purpose (Kester's Adventures)	5 x 15-minute sessions over 5 days
	LKS2 Module 1, Unit 1	Session 1: The Sacraments	45 minutes
	LKS2 Module 1, Unit 2	Session 1: We Don't Have To Be The Same	45 minutes
		Session 2: Respecting Our Bodies	45 minutes
		Session 3: What is Puberty? Year 4 only	45 minutes
		Session 4: Changing Bodies Year 4 only	45 minutes
	Session 5: Boy/girl Discussion Groups (optional) Year 4 only	45 minutes	
Spring I	LKS2 Module 1, Unit 3	Session 1: What Am I Feeling?	45 minutes
		Session 2: What Am I Looking At?	45 minutes
		Session 3: I Am Thankful!	45 minutes
	LKS2 Module 1, Unit 4	Session 1: Life Cycles	45 minutes
Spring II	LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend	5 x 15-minute sessions over 5 days
	LKS2 Module 2, Unit 2	Session 1: Family, Friends and Others	45 minutes
		Session 2: When Things Feel Bad	45 minutes
	Session 3: When Things Change	45 minutes	
Summer I	LKS2 Module 2, Unit 3	Session 1: Sharing Online	45 minutes
		Session 2: Chatting Online	45 minutes
		Session 3: Physical Contact	45 minutes
Summer II	LKS2 Module 3, Unit 1	Session 1: Trinity House	30 minutes
		Session 2: Where is Church?	45 minutes
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?	45 minutes

Programme Pathways
2-year cycle over 3 terms
YEAR 5 & 6



Week	Module and Unit	Session Title	Session Length (approx.)
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Made to Grow (Kester's Adventures)	3 x 15-minute sessions over 3 days
	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents	45-60 minutes
		Session 2: Girls' Bodies	45-60 minutes
		Session 3: Boys' Bodies	45-60 minutes
Spring I	UKS2 Module 1, Unit 3	Session 4: Spots and Sleep	45-60 minutes
		Session 1: Body Image	45-60 minutes
		Session 2: Funny Feelings	45-60 minutes
		Session 3: Emotional Changes	45-60 minutes
	UKS2 Module 1, Unit 3	Session 4: Seeing Stuff Online	45-60 minutes
		Session 1: Making Babies (Part 1)	45-60 minutes
Session 2: Making Babies (Part 2) <small>May be omitted</small>		45-60 minutes	
Spring II	UKS2 Module 2, Unit 1	Session 3: Menstruation	45-60 minutes
		Session 1: Is God Calling You?	45-60 minute
	UKS2 Module 2, Unit 2	Session 1: Under Pressure	45-60 minutes
		Session 2: Do You Want a Piece of Cake?	45-60 minutes
Summer I	UKS2 Module 2, Unit 3	Session 3: Self-Talk	45-60 minutes
		Session 1: Sharing Online	45-60 minutes
		Session 2: Chatting Online	45-60 minutes
Summer II	UKS2 Module 2, Unit 1	Session 3: Physical Contact	45-60 minutes
		Session 1: Trinity House	45-60 minutes
	UKS2 Module 2, Unit 2	Session 2: Catholic Social Teaching	45-60 minutes
	UKS2 Module 2, Unit 2	Session 1: Reaching Out	45-60 minutes