



SS23 Vegan Suitable Menu



This menu is **NOT** suitable for children with allergies and/or intolerances to the EU 14 allergens.

‘SD’ next to a recipe means that this is a special diet recipe. These recipes closely replicate the dish on the main menu but have been adapted for vegan-suitable pupils.

NOTE: This menu is free from animal-based ingredients and derivatives however not all ingredients are vegan certified.





STOP AND THINK!

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VEGAN SUITABLE MENU WEEK 1

Monday

Tuesday

Wednesday

Thursday

Friday

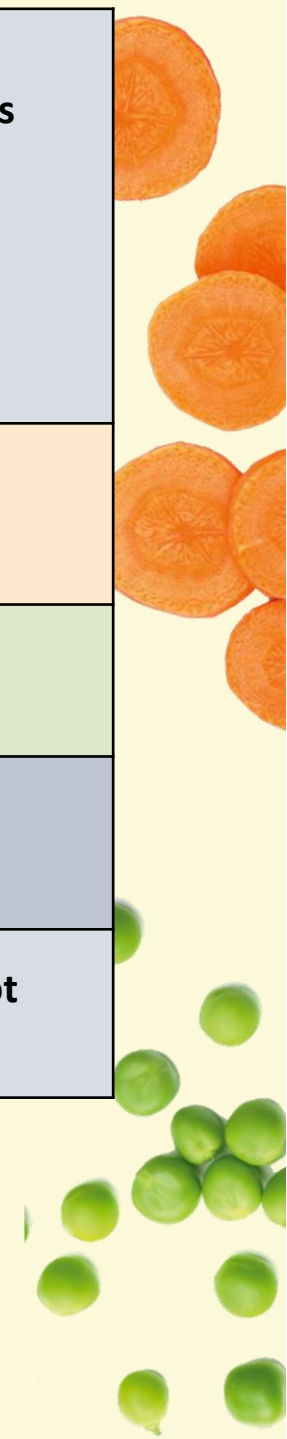
Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Vegan Sausage 93200114 with SD Creamed Mashed Potatoes 93194973 and Gravy 93034775	SD Roasted Vegetable Butterbean Crumble 93165211 with Roast Potatoes and Gravy 93035127 93034775	SD Veggie Bolognese 93169670 with Wholemeal Pasta 93108780	Vegetable Dippers 93161349 VMC 135198 with Chips 93040525
Jacket Potato	Jacket Potato With Baked Beans 93034839 and/or <u>Vegan</u> Cheese VMC 121146 NO DAIRY CHEESE OR TUNA/SALMON MAYONNAISE				
Pasta	SD Tomato Pasta 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW ENSURE SALAD ITEMS ARE PRE-PLATED AND NOT SERVED FROM SALAD BAR				
Dessert	Vanilla Dessert Pot 93207224	SD Chocolate Brownie 93196787	Strawberry Jelly 93113651	Fruity Picnic Bar 93133238	Vanilla Dessert Pot 93207224

**ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113), Fresh Fruit and Freshly Baked Bread

NO ANIMAL DERIVED PRODUCTS INCLUDING MEAT, FISH, MILK, EGG AND HONEY

SPRING/SUMMER 2023





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VEGAN SUITABLE MENU WEEK 2

Monday

Tuesday

Wednesday

Thursday

Friday

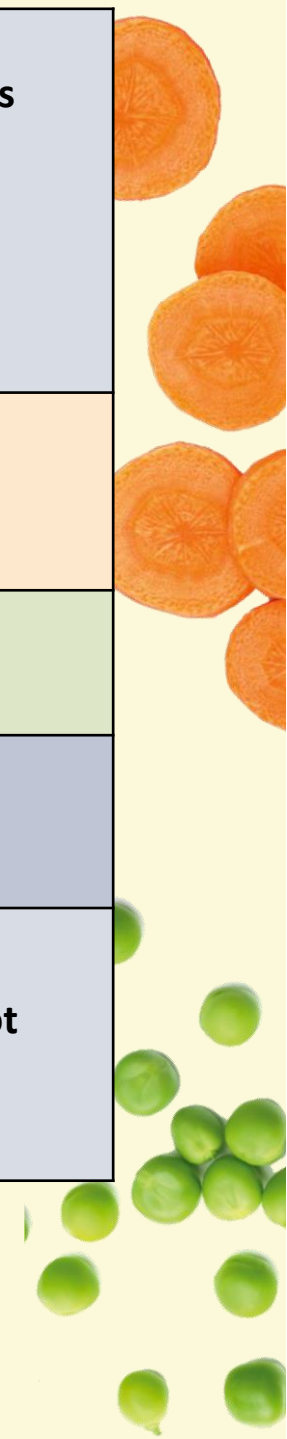
Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Chinese Vegetable Rice 93219824	Sweet Potato and Chickpea Roast 93157943 with Roast Potatoes 93035127 and Gravy 93034775	SD Veggie Bolognese 93169670 with Wholemeal Pasta 93108780	Vegetable Dippers 93161349 VMC 135198 with Chips 93040525
Jacket Potato	Jacket Potato With Baked Beans 93034839 and/or <u>Vegan</u> Cheese VMC 121146 NO DAIRY CHEESE OR TUNA/SALMON MAYONNAISE				
Pasta	SD Tomato Pasta 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW ENSURE SALAD ITEMS ARE PRE-PLATED AND NOT SERVED FROM SALAD BAR				
Dessert	Oat Chocolate Cookie 93141183 with Fruit Slices 93040542	Orange Jelly 93156773	Chocolate and Banana Marble Cake 93233349	Banana and Apricot Flapjack 93159399 with Fruit Slices 93040542	Vanilla Dessert Pot 93207224

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VEGAN SUITABLE MENU WEEK 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Mexican Veggie Tortilla Pie 93238790 with Wholegrain Rice 93035026	SD Cheesy Picnic Plate 93238793 with Potato Wedges 93156646	SD Macaroni Cheese 93180465	SD Tomato Veggie Burger 93238791 With Chips 93040525
Jacket Potato	Jacket Potato With Baked Beans 93034839 and/or <u>Vegan</u> Cheese VMC 121146 NO DAIRY CHEESE OR TUNA/SALMON MAYONNAISE				
Pasta	SD Tomato Pasta 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW ENSURE SALAD ITEMS ARE PRE-PLATED AND NOT SERVED FROM SALAD BAR				
Dessert	Vanilla Dessert Pot 93207224	Berry Flapjack 93106373 with Fruit Slices 93040542	Chocolate Brownie 93233390 with Fruit Slices 93040542	SD Pineapple Upside Down Cake 93220747 with SD Rice Milk Custard 93166606	Shortbread Biscuit 93037254 with SD Chocolate Milkshake 93219822

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